

**The NSW Cave Rescue Squad Inc**  
*An Affiliate of the NSW Volunteer Rescue Association Inc*

ABN 46 535 818 428

Headquarters: Klemm St Bankstown Airport  
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3 September 2008

**Training Weekend**  
**Basic Training for New Members**  
**20 & 21 September 2008**  
Location: Walli Caves - Walli

The NSW Cave Rescue Squad will hold a cave rescue-training weekend at Walli Caves on 20/21 September 2008. The weekend will cover the introduction of NSW Cave Rescue Squad Inc (CRS) and VRA/CRS induction, equipment review/training and a cave rescue exercise.

Your attendance at this training will progress your Provisional Membership of NSW CRS and provide you with an invaluable experience in this less frequented, privately owned area.

All attending must be onsite by 8:30am for a 9am start! If you do not attend the 9am briefing your participation may be limited. All members will be asked to sign Personal Image Release/Non-Disclosure forms before the training session.

'How to get there' details will be provided on receipt of your expression of interest. Please note that there are two routes to campsite on the property with the most suitable depending on the weather conditions. You will be advised as to most suitable a few days before. The route will be signposted.

**WARNING: Please do not camp near or under the tree with the skeleton of an old petrol pump leaning against it. The tree is large and very dead and falling branches present a danger at ALL times.**

Mobile reception is intermittent in the area however is good at Walli campsite. In case of breakdown close to Walli use this mobile: **0408 645 567**. UHF reception is intermittent in the area however is good at Walli campsite. Use **CH 10** for campsite contact.

Please read and obey the 'property rules' when provided on map/as directed.

BYO EVERYTHING for an isolated weekend camp.

***Personal equipment required:***

Personal caving equipment required.

All cave rescue equipment will be provided.

**Commitment deadline: Please contact me by 10<sup>th</sup> September if you intend to participate.**

I look forward to seeing you or hearing from you!

Terry Matts

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# Draft Program

*Note: Program may change depending on numbers.*

## ***Saturday 20 September 2008***

09:00 – 10:00 <i>Briefing &amp; Induction</i>	<ul style="list-style-type: none"> <li>• Briefing</li> <li>• ASF Codes: Cave Safety Guidelines; Ethics; Min Impact Caving; &amp; Min Impact CR.</li> <li>• Risk Assessments</li> <li>• Briefings and Debriefings</li> </ul>
<b>10:00 – 10:15 – Tea break</b>	
10:15 – 12:30 Induction continued	<ul style="list-style-type: none"> <li>• CRS/VRA induction</li> <li>• CRS Equipment</li> <li>• Minimum personal equipment required for CRS member</li> <li>• Record Keeping</li> <li>• Discussion</li> </ul>
<b>12:30 – 13:30 – Lunch</b>	
13:30 – ?? <i>Review of equipment</i>	<ul style="list-style-type: none"> <li>• Initial response for CRS/cavers</li> <li>• CRS Structure and Callout procedure</li> <li>• Communication: Michie phones, Nicola etc</li> <li>• Stretcher: Rescue Wrap and Paraguard familiarisation</li> </ul>
<b>14:00 – 14:30 – Tea break</b>	Continued if required

## ***Sunday 21 September 2008***

0:900 – 12:00 <i>Area familiarisation and Exercise</i>	<ul style="list-style-type: none"> <li>• Short cave rescue exercise.</li> <li>• Area familiarisation</li> <li>• Members get to know the Walli Caves Area</li> </ul>
14:00 Debrief, lunch and depart	<ul style="list-style-type: none"> <li>• All participants.</li> </ul>

*Reminder: That it is a requirement of the Squad that all members of Cave Rescue must keep up there minimum training hours and hold a current 1st aid certificate. Failure on the members part in not keeping up their hours or current 1st aid certificate will result in that member not being 'called-out' to a rescue or may be limited in their capacity during a training exercise.*