



Wee Jasper '2010

INFORMATION FORM

DATE: 28th, 29th and 30th May 2010

LOCATION: Wee Jasper "Cooradigbee" Shearer's Quarters.

DIRECTIONS:

From Wee Jasper Town turn right at the T intersection and head towards Carey's Caves. Travel approx 6km to a Y intersection then turn through the gate on the right. Pieces of barrier tape will mark the way to camp (Please leave all farm gates as you find them).

AIMS:

- To improve the cave rescue capabilities of primary rescue units in the south east of the state.
- To train participants in the use of specialist cave rescue equipment.
- To foster good working relationships between various agencies.

PARTICIPANTS:

There are no restrictions this year on the number of members who can attend from each squad. There is however a limited number of beds in the main shearer's block, any additional participants have the options of the cottage (located approximately 100m from the main block) or camping. Please indicate on the registration form if you would like these alternatives if the main block is full. Failing that it will be first in, best dressed. Participants will be contacted no later than the on the 21st May to confirm the location of their sleeping quarters.

REGISTRATION

CLOSING DATE: 18th May 2010

Each applicant **MUST** have their Squad Captain contact the Exercise coordinator via phone or e-mail, to verify their squad's approval to attend exercise, their current membership status and insurance coverage. Strictly No registrations will be accepted after the closing date. Substitutions of similar levels of experience are allowed. Please notify changes as soon as possible.

CAVE RESCUE HAZARDS:

The nature of rescue in a cave environment is hazardous. There are a number of obvious hazardous but you also need to be aware of Histoplasmosis. Histoplasmosis is a fungal infection that affects the lungs and other internal organs. The risk of contracting this disease is **VERY LOW**. However it is a hazard. Participants of a recent cave rescue exercise in other cave system were exposed. Three weeks after the exercise 3 participants developed symptoms of Histoplasmosis, their health was severely affected and they were unable to work for some time. It is therefore important that you are covered by your organisations works compensation insurance for the weekend.

BRING: Personal Caving Equipment for an extended time underground, Personal Vertical Equipment (a suggested equipment list can be sent to you if requested), Sleeping Gear, Clothing (May at Wee Jasper can be very cold) and toiletries. Also any spare squad cave/vertical equipment.

COST: This year the State Rescue Board has provided us with some Funds to cover accommodation, Dinner on Friday, Breakfast, Morning Tea, Lunch, and Dinner on Saturday, Breakfast and lunch on Sunday. Each participant will have to make their own travel arrangements as there are not enough funds to cover travel expenses.

FRIDAY NIGHT:

Your arrival on Friday night is preferred as the day will start at 7.00am on Saturday. Please indicate on your application form if you will arrive late so rooms can be allocated to limit the

disturbance to others who may already be asleep. For participants that arrive early on Friday dinner will be available only between 18:00 and 19:00.

WEE JASPER STORE:

The General Store at Wee Jasper is still **CLOSED**, so there is no fuel, hotmeals or general supplies available at Wee Jasper. The stables taven now have a small range of takeaway liquore.

DRUG AND ALCOHOL POLICY:

There is no ban on alcohol consumption on Friday or Saturday nights, participants are reminded that the VRA's policy requires zero levels of drugs and alcohol during all operational and training activities.

WEEKEND OUTLINE:

This years exercises is mainly aimed at;

- Basic cave rescue skills.
- The use of specialest cave equipment.
- A lecture and workshop on the treatment for Hypothermia.

There will be roles for both experienced as well as novice participants.

The weekend's learning will also be balanced by ample opportunity for socialising.

If you require more information please contact:-

Tony Greenwood

Exercise Coordinator

Ph 02 6226 3160

Mobile 0411 204 647

Email vertical@rescue.org.au

Wee Jasper '2010

REGISTRATION FORM

Information contained in this registration form is strictly confidential for use in case of an emergency during the weekend. One form is required for each person attending and must be returned to:

Binalong Rescue Squad Inc, c/ - 22 Orion St, YASS 2582 by 18th May 2010.

Please complete all Questions.

Participants must be aged 18 or over and be a member of an emergency service organisation and be covered by that organisations insurance

Please Use Block letters

Participant Details:

Name:

Address:

..... Post Code:

Home Phone: Work Phone: Sex: Age:

E-Mail Address:

Next Of Kin (not attending): Phone:

Sponsor:

Rescue Squad or Emergency Service Organisation:

State Rescue Board Registration Number (if Applicable):

Medical: Do you suffer from any of the following conditions? (If yes, supply details on the back of this form)

Respiratory:

Bronchitis Emphysema Asthma Other

Cardiac:

Blood Pressure High / Low Coronary Heart Disease

Other Heart Condition

Other Ailments:

Epilepsy Diabetes Dizzy Spells Other

Drug Dependency / Allergy

.....

Any special diet

requirements?

Experience:

Briefly outline your caving experience:
.....
.....

Briefly outline your vertical rescue experience:.....
.....
.....

Exercise Participation:

I wish to be involved in the cave exercise
Aboveground only? [No] [Yes] Underground? [No] [Yes]

Estimated Arrival time:.....

I will require Dinner at Wee Jasper campsite between 1800 and 1900 Friday:
[Yes] [No]
(For Catering Purposes)

Accommodation Options:

I would be willing to sleep in the cottage if there are no beds available in the
main block
[No] [Yes]

I would be willing to camp if there are no beds available in the main block
[No] [Yes]

I declare that the information on this form is correct, and acknowledge that cave
rescue is a dangerous activity.

Signature:Date:

Unsigned applications will not be accepted

Office use only

Date Received	Captain's Endorsement	Notified	Accommodation Main block: <input type="checkbox"/> Cottage: <input type="checkbox"/> Camping: <input type="checkbox"/>
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PROGRAMME

Friday 28th May 2010

- 16:00 Accommodation open (anybody arriving early will be put to work)
18:00 to 19:00 Dinner and registration

Saturday 29th May 2010

- 07:00 to 08:30 Registration and breakfast
08:30 to 08:45 Briefing on weekend
08:45 to 09:00 Safety briefing & procedures
09:00 to Evening Lectures, Workshops, exercises and lunch

Sunday 30th May 2010

- 08:00 to 08:45 Breakfast
08:45 to 09:00 Workshop
09:00 to 13:00 Exercise 2 & Debrief
13:00 to 13:45 Sort out gear
13:45 to 14:00 Debrief on weekend
14:00 Lunch and depart

(Programme subject to alterations, at the discretion of the organizers)