

The NSW Cave Rescue Squad Inc

A Member of the NSW Rescue Service/Volunteer Rescue Association
Headquarters: Klemm St Bankstown Airport P O Box 122 Bankstown NSW 1885

Training Weekend

Cave Rescue Engineering

20 & 21 September 2008

Location: Walli caves - Walli

The NSW Cave Rescue Squad will hold a cave rescue training weekend at Walli caves on 19, 20 & 21 September 2008. The day will cover the introduction of basic theory and practical aspects of cave rescue engineering/microshaving, and, plug and feather techniques.

All attending must be onsite to commence the training at 9am – SHARP! If you do not attend the 9am safety brief your role will be limited!!

‘How to get there’ details will be provided to those indicating their attendance.

Please read and obey the ‘property rules’ when provided.

BYO EVERYTHING for an isolated weekend camp.

Personal equipment required:

CRS\VRA overalls and/or overalls, helmet and personal equipment for rescue.

All cave engineering and cave hardware will be provided.

PPE: All participants MUST wear PPE during the training. If you have PPE please bring it otherwise CRS will provide in limited quantities.

- Ear protection\muffs
- Eye protection: medium or high impact goggles
- Gloves and boots.

Commitment deadline: Please contact me by 31 August if you intend to participate.

I look forward to seeing you hearing from you!

Joe Sydney

Member

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Program - Note: Program may change depending on numbers.

Saturday 20 September 2008

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| 09:00 – 10:00 <i>Briefing & theory</i> | <ul style="list-style-type: none">• Safety briefing• Introduction to Microshaving• Discussion |
| 10:00 – 10:15 – Tea break | |
| 10:30 – 11:30 <i>Review of equipment</i> | <ul style="list-style-type: none">• PPE• Drills & equipment• Microshaving equipment\Safety matt• Hilti cartridges• Gas detectors• Plug & feathers |
| 11:30 – 12:30 <i>Surface microshaving demonstration</i> | <ul style="list-style-type: none">• Setting up work site & safety perimeter• Microshaving demo• Plug & feathers demo |
| 12:30 – 13:30 – Lunch | |
| 13:30 – 14:00 <i>Surface microshaving practice</i> | <ul style="list-style-type: none">• Participants break into teams to practice microshaving. |
| 14:00 – 14:30 – Tea break | |
| 14:30 – 1700 <i>Surface microshaving practice</i> | <ul style="list-style-type: none">• Participants break into teams to practice microshaving. |

Sunday 21 September 2008

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|---|---|
| 0:900 – 14:00 <i>Ungerground microshaving practice</i> | <ul style="list-style-type: none">• Participants break into teams to practice underground microshaving. |
| 14:00 Debrief & lunch | <ul style="list-style-type: none">• All participants. |

Reminder: That it is a requirement of the Squad that all members of Cave Rescue must keep up there minimum training hours and hold a current 1st aid certificate. Failure on the members part in not keeping up their hours or current 1st aid certificate will result in that member not being 'called-out' to a rescue or may be limited in their capacity during a training exercise.

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